

Bay Area Velo Girls™

Three Bears and Lamorinda Loop from Orinda BART

40miles

Mile	Direction	Street/Landmark
	START	ORINDA BART – Corner of Highway 24 & Camino Pablo
		Pablo
	Cross	Pedestrian Bridge from sidewalk
	Left	on second pedestrian bridge – follow along sidewalk to third pedestrian bridge, to Orinda Way
0.2	Left	Santa Maria
0.3	Right	Camino Pablo (becomes San Pablo Dam Road)
7.6	Right	Castro Ranch Road
9.8	Right	Alhambra Valley Road
12.6	Right	Bear Creek Road
20.9	STOP & REGROUP	Camino Pablo intersection
	Left	Camino Pablo
22.3	Left	Orinda Way
22.9	Continue	up to pedestrian bridges – turn left before BART station, then left & up 6 steps after passing under Hwy 24
23.1	Continue	on road, around circle, and on to closer sidewalk at stop sign immediately beyond Hwy 24 entrance
23.3		begin St. Stephens Trail
24.2	Left	Stop sign at end of trail
24.3	Right	El Nido Ranch Road
25.9	Left	Mt. Diablo Boulevard
28.7	Right	Pleasant Hill Road
29.4	Right	Olympic Boulevard
		immediately join trail
35.4		Arrive at Moraga Commons – bathrooms - continue through Commons & cross at cross walk to continue on remaining trail
35.6		Trail ends, becomes School Road
35.7	Right	Moraga Way
39.8	Straight	becomes Camino Pablo
40.0		at next light, go to sidewalk
40.2	FINISH	ORINDA BART
